

MOAR & Friends Recovery Day March and Celebration

Wednesday, September 14th 9AM Rally Starts at Parkman Bandstand on Boston Common. March to Faneuil Hall for the Celebration Featuring These Stars and Many **MOAR!**



Marylou Sudders
Secretary EOHHS



Kathryn Power
SAMHSA



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Liz Malia
State Representative



Matt Ganem
Recovery Voice



Safe and Sound
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Kirsten Doherty – SOAR Project Director
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Windia Rodriguez – Boston & Northeast Regional Coordinator
Annie Parkinson - Central & Western Regional Coordinator
Jared Owen – Communications Coordinator
John Frazier –MOAR Project Assistant
Frank Abner – MOAR Recovery Educator
Recovery Coaches: Kelly Annable, Darrell Wright, Cathy Connell,
Kim Krawczyk, and Mark Muhammad



Boston, MA 02108

2nd Floor

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MOAR

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MOAR MISSION: To organize recovering individuals, families and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions.

MOAR NEWS

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Fall 2016

A 26 Year Recovery Story

In 1991, with leadership from a now recently deceased friend and leader, Leroy Kelly, we formed **MOAR** in response to diminishing health care coverage for services and no insurance reimbursement for addiction focused clinicians. Most of the people involved were “professionals” and in addiction recovery. Then came the realization – we wanted to really include **MOAR** of the everyday faces and voices of recovery.

Today, **MOAR** has grown into a statewide organization with more than 3000 participating to spread the message of the power of recovery. With at least 4 people dying every day from an opioid overdose, we are building a peer-to-peer support network to provide supportive connections statewide. This means setting up peer led regional recovery action teams, which are helping to speak up for quality services from prevention to recovery with an improved criminal justice system.

We are grateful to Governor Baker, EOHHS Secretary Marylou Sudders, Attorney General Maura Healey, legislature, health care providers, law enforcement, and **You** for moving from tragedy to strategy to action!



RECOVERY

MARYANNE FRANGULES,
EXECUTIVE DIRECTOR AND
CO-FOUNDER OF
MOAR

Recovery Month September 2016

Come celebrate recovery with **MOAR!** National Recovery Month is sponsored by SAMHSA to increase awareness about recovery.



The **MOAR** 26th Annual Recovery Day March & Celebration is Wednesday, September 14th.

The event will start at 9AM with a rally at the Parkman Bandstand on Boston Common. We will march to the celebration at Faneuil Hall. The afternoon will feature an expert panel discussion on Recovery Coaching, and will end at 3:30 PM. The event is free and open to all. A big thank you goes to the MA Department of Public Health Bureau of Substance Abuse Services,



Featuring
Mayor Walsh!

The City of Boston's Office of Recovery Services, Event staff, and our volunteers! Stay connected with **MOAR** through Facebook or our website to be informed about Recovery Month events across the state:
[@MOARRecovery](#)

MOAR inside!

MOAR is Building Recovery Capital in Massachusetts

With funding from the Bureau of Substance Abuse Services, **MOAR** is working to build infrastructure for recovery and to unify the recovery community across Massachusetts. With 3 regional coordinators, we are working to build the means for communicating and collaborating in a collective voice for recovery across Massachusetts. **MOAR** holds monthly Action for Recovery meetings across the commonwealth. At these meetings, we share information about policy, recovery services, and recovery messaging. Along with our statewide policy forums, these regional meetings offer an opportunity to connect with **MOAR** and to tell us what we can do for the recovery community.

We work with community partners, policymakers, and coalitions to develop solutions to minimize gaps in recovery services. We are the faces and voices of recovery, and we want to hear your voice! To find a **MOAR** meeting near you visit

www.moar-recovery.org

MOAR on Education

Visible, Vocal, Valuable!

Another **MOAR** goal is to educate the public. This includes developing curricula to teach people with lived experience as well as the general population about the value of recovery. **MOAR** continues to offer AREAS, Addiction Recovery Education Access Services. AREAS facilitators educate groups about recovery topics and help them navigate the system. These AREAS groups can serve a crucial role in helping connect people in early recovery to the services they need.

In order to combat stigma and increase awareness of substance use disorders, we are moving forward with sharing our powerful recovery stories. Rather than focus on the horrors of active addiction, it is important to show our communities the value of recovery. **MOAR** has developed a Recovery



Kirsten Doherty SOAR Project Director

SOAR Project

In September of 2014,

MOAR was awarded a **SAMHSA** grant to create a statewide network of peer to peer Recovery Community Organizations across the state. The network, **SOAR, Speaking Out for Addiction Recovery**, will serve as a hub for mobilization on regional, state, and national issues.



Annie Parkinson MOAR Regional Coordinator

Vision:

MOAR envisions a society where addiction is treated as a significant public health issue and recovery is recognized as valuable to all our communities



Responding to the Opioid Epidemic

According to Governor Baker, “the statistics are terrifying; nearly 4 people are dying a day in Massachusetts.” **MOAR** is collaborating with public awareness efforts to address this crisis:

- 1. Good Samaritan Law**
When a person calls 911 to report an overdose, they are now protected from prosecution for drug possession.
- 2. STEP Act**
Landmark legislation not only enhances treatment capacity but also imposes stricter controls on opioid prescriptions.
- 3. Peer Recovery Services**
MOAR is advocating for improving our ability to serve the recovery community, building capacity for more recovery centers and recovery coaches. These crucial services build the means to maintain and enhance recovery life skills.

Although the rate of opioid overdoses in Massachusetts continue to rise, we believe that, when properly implemented, these changes will save lives.

Messaging curriculum to provide a simple guide to sharing our stories with purpose and passion. The curriculum is for both people in recovery and supporters. It covers language, messaging, and presentation. Our goal is to implement a calendar of opportunities to share everyone’s new recovery messaging skills.



Investing in Recovery Messaging Power!

MOAR Recovery Coaching

With funding from Access To Recovery (ATR) and other sources, **MOAR** now employs five recovery coaches. They meet one on one with persons in recovery who want support and a connection to services. Recovery coaches can help Recoverees find resources for housing, skill building, treatment, family, and/or criminal justice support.

Thank You!

MOAR is funded by the MA Department of Public Health/Bureau of Substance Abuse Services, (SAMHSA), Substance Abuse and Mental Health Services Administration, Access To Recovery, the Boston Public Health Commission and through the generous donations of our members. We would like to thank all of our Recovery Month sponsors and supporters! See the insert in this newsletter for information on how to become a member and do **MOAR**!