



# MOAR NEWS

MASSACHUSETTS ORGANIZATION FOR ADDICTION RECOVERY

AUGUST 2004

EDITION 6



## MOAR PRESIDENT

**AMOS MARSHALL**

*Invites You To*

**JOIN THE VOICES FOR RECOVERY... NOW!**

**SEPTEMBER 22**

**RECOVERY MONTH CELEBRATION**

Celebrate the 14th National Alcohol and Drug Addiction Recovery Month, September 22nd, with a Recovery Walk, from The Boston Common to The State House. Faces and voices for recovery, inclusive of friends and family, will be celebrating. September is National Alcohol and Drug Addiction Recovery Month, sponsored by The Substance Abuse Mental Health Services Administration, CSAT, The Center for Substance Abuse Treatment, and the national funding agency for addiction treatment. Recovery Month publicizes the positive contributions of individuals, families and friends in/for recovery. It highlights our campaign to increase public awareness about the continued need for quality prevention and recovery services for alcohol and other addiction.

MOAR has "MOAR" to Celebrate. MOAR is a CSAT National Alcohol and Drug Addiction Recovery Month Planning Partner. MOAR has led the way to thirteen annual successful Recovery Month Celebrations. The 2003 event welcomed 700 people honoring the diverse cul-

tures of recovery. We celebrated with a Recovery Walk, Teen Challenge Choir, The Improbable Players, We were inspired by CSAT Director Westley Clark, City of Boston Drug Policy Director, Kattie Portis and Public Health Commission, John Auerbach, MA BSAS Director, Michael Botticelli and You! Senator Therese Murray, Rep Martin Walsh, and Rep Gloria Fox were among the legislators! Judah Abdul Dorrington used her Amazing Voice of Recovery to sing "Amazing Grace." Fifteen men and women, inclusive of families, shared their amazing stories!

MOAR Members and Friends make Recovery Month a Success. You have made our peer-driven education services, funded through NEAAR, New England Alliance for Addiction Recovery, a CSAT grantee, a success. So we have to celebrate! The City of Boston, CSAT, MA BSAS, AdCare Hospital, AdCare Educational Institute and The Massachusetts Behavioral Health Partnership have been major sponsors. Submit Your authorized Recovery Stories for The Recovery Month Brochure and Newsletter. The Press is invited and The Public is Welcome. This may be exciting to some people and controversial to others. Please make the choice to participate in a way that is most helpful to you.

## A MASSACHUSETTS PRESCRIPTION FOR OPIATE CRISIS

Recovery Month 2003 was held during drastic reductions in state services for individuals seeking addiction treatment, especially essential detoxification. Research shows that treatments for alcohol and drug use disorders are as effective as treatments for other chronic conditions—yet nationally, only 10 percent of the people who need treatment for alcohol or drug use disorders actually receive it. The paradox of treatment need, statistics proving positive outcome, opiate use doubling and the reality of six detox centers being forced to close were overwhelming in 2003.

Join the Voices for Recovery...Now! is the Massachusetts prescription for the drug crisis. We are a resilient state moving to address the crisis. We have seen coalitions and policymakers moving to restore services. MOAR is excited about community coalitions rising to build public awareness about alcohol and drug addiction. People want to build healthy communities for and with their children.



### National Alcohol and Drug Addiction Recovery Month Celebration Day

**"Join the Voices for Recovery...NOW!"  
Wednesday, September 22**

**Recovery Walk — 8:30 AM**

Parkman Bandstand, The Boston Common

Thanks to The City of Boston

**Recovery Celebration — 9:30 AM**

Great Hall, The State House

MOAR on Recovery Month — Page 6

### IN THIS ISSUE

Amos Marshall Invites You To	1
Opiate Crisis	1
MOAR AREAS East to West	2
OxyContin Crisis: Help and Hope	3
Resilient Communities	3
Marcus Garvey Center Renovated	3
Central Massachusetts Responds	4
Leadership Academies	4
A Message from Mindy Domb	5
Recovery Story	5
Recovery Month Celebration!	6

# MOARINFO

## MOAR BOARD OF DIRECTORS

### PRESIDENT

Amos Marshall

### VICE PRESIDENT

Tom Delaney

### CLERK

Tim Lineweaver

### TREASURER

Joe Kelleher

### BOARD MEMBERS

Joseph Devlin

Christine LaClair

Bill Scituro

Jim Wuelfling

### PEER SERVICES COORDINATORS

Maryanne Frangules

Tom Scott

### PEER LEADERS

Dana Moulton

Mary Fallavollita

Janice Messier

John Frazier

Caroline Belanger

### THANK YOU TO

Parent Support Skills Facilitators

Western MA Parent Support Group

Diane Kurtz

Diane Teta

Tanyss Martula

South Boston Family Resource Center

Maureen Harvey

Karen MacDonald

MOAR Inc. is pleased to be the recipient of a Boston Public Health Commission Mini-Grant.

MOAR, as a project, is pleased to receive funding from The Boston Foundation and The Clipper Ship Foundation.

MOAR is an affiliate of NEAAR, a New England Alliance for Addiction Recovery, a CSAT/SAMHSA Recovery Community Services Program and MA BSAS/DPH through AdCare Educational Institute.

This newsletter is paid for through grant resources.

MOAR Inc. is funded by membership dues and activities. and is responsible for this newsletter's contents. All newsletter contributions are reviewed by our authorization process.

MOAR website <http://www.neaar.org/MOAR>

For information, please call Maryanne Frangules,  
**617-423-6627**

### MOAR Mission Statement

MOAR's mission is to organize recovering individuals, families, and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions.

### MOAR Vision Statement

MOAR envisions a society where addiction is treated as a significant public health issue and recovery is recognized as valuable to our communities.

### MOAR of a Thank You

Maryanne Frangules, MOAR Executive Director, would like to thank the Western Massachusetts Substance Abuse Providers Association and Project ASSERT for Plaques of Recognition. Both groups are MOAR special. Thank you both!

MOAR puts a face on recovery by willing individuals and families to educate the public about the value of recovery, and as a key to prevention. MOAR works with other groups to build recovery community leadership.

AREAS, Addiction Recovery Education Access Services is a MOAR member-driven leadership pathway service. It is for adults who can and want to learn in a group of peers how to face and cope with challenges to their recovery, with specifics as to how and where to access available resources. Participants learn how to access coping skills and information about e.g. CORI, hepatitis C, AIDS, healthcare, housing, DSS, "The System," mental health, parenting, parent support, telling your story. The emphasis is to pass on the support, building leaders for recovery. We have weekly groups in Worcester, East Boston, Dorchester, and Tewksbury. AREAS are mostly supported by our affiliation with NEAAR, New England Alliance for Addiction Recovery, a CSAT Recovery Services Program. We will be doing a How To Do Peer Facilitation and Speaking for Recovery Training soon!

Join the Voices for Recovery...NOW is a government mantra, too! The Massachusetts Department of Public Health, Bureau of Substance Abuse Services (BSAS), has announced funding initiatives for opiate prevention community coalitions. The City of Boston announced a NO Drugs Initiative, providing funding for treatment and prevention. Read all about it and MOAR in this issue!

## GOVERNMENT SUPPORTS COMMUNITY PREVENTION COALITIONS

The Massachusetts Department of Public Health, Bureau of Substance Abuse Services (BSAS), announced opiate prevention grant awards to Massachusetts communities. Charlestown, Concord, Everett, Gloucester, Greenfield, Lynn, Melrose, Stoughton, New Bedford, Watertown, Westford, Weymouth and Winchester received \$10,000 each to develop a youth focused plan to prevent heroin and other opioid use/abuse. Boston (Allston Brighton and South Boston), Chelsea, Fall River, Malden, and Somerville received \$80,000 implementation awards to support their developed plans.

Boston Mayor Thomas M. Menino initiated Neighborhoods Organizing Against Drugs (NO Drugs) in response to the OxyContin and heroin epidemic. Funding is for \$180,000 for substance abuse coalition, prevention, and treatment programs. To quote Mayor Menino, "Families are being torn apart by the opiate epidemic sweeping through our city. The City of Boston will increase treatment options in Boston and fund grass-roots efforts to increase prevention and advocacy. We need to send a message far and wide that cuts to substance abuse treatment can no longer be tolerated."

MOAR will continue to work with any of the groups participating in the Mayor's initiative for Neighborhoods Organizing Against Drugs, which are South Boston Hope and Recovery Coalition, Allston-Brighton Substance Abuse Task Force, Charlestown Coalition, Centro Cardenal/Catholic Charities, Grove Hall Safe Neighborhood Initiative, Casa Esperanza/Eustis Dunmore Neighborhood Association, Harborside Community School Ed Program.

## MOAR AREAS from the Northeast to the Berkshires

### MARY FALLAVOLLITA AND DANA MOULTON

MOAR is alive in the Northeast. Driving along, you may pass Mary Fallavollita on the highway heading to a number of new MOAR Northeast sites.

The MOAR AREAS peer-driven educational curriculum meets with great enthusiasm in the Northeast recovery community. On the campus of Tewksbury Hospital, people participate in MOAR curriculum. The women "continue to look forward to Monday mornings with Mary," according to HEART House Director Judith Girard. Developing a Positive Relationship with DSS and Learning How to Navigate the System were experienced. We discussed Section 8 Housing and the steps necessary to prevent homelessness. Barbara Garnis, representing the SHARE Loan Fund, Institute of Health Recovery, introduced the Oxford House model as an alternative housing resource for those in recovery.

Robin Bianchi was another guest speaker. Robin spoke on self-esteem. Her brilliant delivery demonstrated how the recovery process begins repair to the damage caused by alcohol and other drugs. Recovery leads to using your self-esteem, so why not do a Voter Registration Drive. So we did, and it looks like other sites are getting this positive addiction.

MOAR educational services sponsored Dick Muzzi from Catholic Charities to speak with dads and future fathers on the Five Principles of Fatherhood. We also had the opportunity to bring Fred Smith from St. Francis House to speak about the programs available for job training. Fred's dedication and passion to help men and women reach their potential is contagious. In Lowell, we are forming a relationship with the energetic Lowell House Consumer Advisory Board.

Our East Boston site, or MOAR on the Harbor, is hustling recovery education service by way of Coping with the CORI, Voter Registration, Living with Hepatitis...plus doing a FUN Committee. They are staging the plans for a Recovery Softball Game, and getting the whole community involved in Recovery Month participation. Worcester, Boston, Cape Cod, Springfield, New Bedford, Pittsfield, are building AREAS to promote the voice and value of recovery, as directed by the participants who choose the subjects. Diane Kurtz, W MA Parent Support Group facilitator, shows parents how to do a group, sharing her journey, and bringing hope to others. Projects have been funded via CSAT (NEAAR grantee affiliation), BSAS, Clipper Ship, and Boston Foundation through AdCare Educational Institute.

# OxyContin Crisis: Help and Hope

## What is OxyContin?

Oxycontin is an opiate, meant to be a prescription painkiller used to treat moderate to high pain. Communities have been suffering from the addictive use of OxyContin. Forms of use include crushing, ingesting, and snorting. A comparison of the extent of use between 2002 and 2003 alone shows a significant increase. In 2002, 1.3% versus 1.7% in 2003 of 8th graders, 3.0% versus 3.6% of 10th graders, and 4.0% versus 4.4% of 12th graders used OxyContin. Addiction to OxyContin does not end because the drug becomes too expensive. Instead, the addicted person switches to another opiate, heroin, which sells for \$3–\$4 a bag.

Opiate use has doubled in our communities in the last 10 years. The onslaught of deaths due to overdose is an indication of the severity of the current epidemic being experienced in our Massachusetts neighborhoods. Opiates affect the respiratory system; overdoses can lead to respiratory failure and death. Communities are responding with dialogues for healthy lifestyles to help our youth breathe into adulthood.

## How Can the Police Help?

Municipal Police Departments in collaboration with the State Police are working together with school departments to address substance abuse disorder. This is encouraging. Additionally, they invite public assistance! The State Police have set up a hotline for this purpose and direct the information to the appropriate local police stations for follow-up. That hotline number is 1-866-OXY-TIPS.

## How Can the Medical Profession Help?

Addressing the need for treatment are medical professionals who serve on the frontline in hospitals and detox units. Frontline substance abuse clinicians back them up. In Massachusetts, there has been a 60% increase for treatment at hospital emergency rooms since 1998. Ironically, the public detox capacity was slashed by 60% from about 1,000 to 420 detox beds from 2002 to 2003. Methadone services are always being challenged. Buprenorphine/Suboxone is another medication for opiate addiction. It is usually covered by insurance. Providing doctors must have either credentials or complete specific training in Buprenorphine treatment. However, there is a cap of 30 patients per practice (sometimes resulting in an entire hospital being limited to 30 patients), creating a long waiting time for treatment.

## What Is Positive and Gives Hope?

On the positive side, we expect that the federal government will revise the Buprenorphine patient cap regulation. Methadone services remain intact for 2005, and there will be a \$2.8 million restoration to Bureau of Substance Abuse Services with the possibility of funding in the state supplemental budget. We need a seamless continuum of care that allows individuals to move up or down the levels of care. The key will be in the continuation of community collaboration to effect positive change. MOAR is and will be there.

## RESILIENT COMMUNITIES FACILITATING RECOVERY PLANS

MOAR Resources for Recovery Forum, January 2004, brought together the Boston recovery community, healthcare providers, policymakers, judges, and police in the first of a blitz of forums on recovery, and began with real life experiences about what brings hope for recovery. This was at the Faulkner Hospital in Jamaica Plain. In the spring, the Shattuck Hospital addiction service providers held a similar forum.

South Boston Hope and Recovery Coalition facilitated three forums and a walk to raise public awareness about prevention and treatment resources. Recovery stories, the Improbable Players, Health Educator Jeanne Blake, and community involvement combined to inspire “Hope for Prevention and Recovery.” The committee will participate in “Visioning Process for the Community of Their Dreams, A Community Day,” as part of celebrating South Boston’s 200th birthday. Interested: Please call Mayra Rodriguez Howard, 617-464-7423.

The Allston Brighton Substance Abuse Task Force has had two outreach forums. Over 700 area school children participated in an addictions awareness summit at Boston College. Again, recovery stories and the

Improbable Players grasped their attention. “Chris” talked about how OxyContin once trapped him, and how today, being in recovery, he will enter college. He was met with thunderous applause. MOAR members, Diane Kurtz, Western Mass. Parent Support Group, and Maureen Harvey, South Boston Family Resource Center, offered heart-to-heart disclosure to concerned parents in the follow-up meeting. Diane discussed “How to Do a Parent Support Group.” Parents need to know that it is important to get help. Interested: Call SECAP at 617-562-5370.

MOAR and North Suffolk Mental Health Association collaborated to do a forum with dialogue about OxyContin for families coping with addiction. Participants were energized. Initial speakers shared openly how structured treatment helped them meet their recovery needs, and how participating in MOAR helped them with information and skills to reinforce their recovery. Colleen LaBelle, Boston Medical Center Office Based Opiate Treatment Nurse Manager, was keynote speaker. She suggested that East Boston make Buprenorphine more accessible to the area.

## Communities Mobilize for Prevention and Recovery

On May 11, a renovated Marcus Garvey Center reopened with support from Metro Boston Alive and the City of Boston. Mayor Thomas Menino, Public Health Commission Executive Director, John Auerbach, Boston Substance Abuse Policy Advisor, Kattie Portis, and community leader Greg Davis shared in presentations. The city awarded the center a generous \$10,000 mini-grant. The center is in the heart of Roxbury’s Dudley Street neighborhood.

Charlestown is known for open dialogue these days. The community wants to heal and is taking the steps to do so. Charlestown Against Drugs, The Health Center (Mass General Hospital clinic), and the Recovery Community are building an action plan for recovery. Mass General is going to hire a full time community organizer.

Somerville and Everett are paving the way to health, too! Somerville has formed a coalition and held forums. Everett, via the Join Together Demand Treatment grant, is building a community to demand treatment. Middlesex County District Attorney Martha Coakley joined the May forum dialogue. Norfolk County through District Attorney William Keating has held forums with criminal justice professionals, schools, and families. South Boston Probation Officer, Jack Leary, who truly is an ambassador for recovery, involved MOAR in Norfolk County. MOAR Lowell helped to sponsor an open dialogue hosted by Lowell House, which had intimate one-on-one dialogue about pressing addiction issues.



## Central Massachusetts Responds

CMASAC—Central Mass. Substance Abuse Adolescent Substance Abuse Coalition—held a forum in Worcester and followed up with subcommittees, based on outreach to families and youth. The committee created a resource guide, and MOAR has helped put them into print and distribution. The outreach is based on assessment findings from the study, funded by the Health Foundation of Central Massachusetts. For MOAR info: call YOU Inc. Director of Community-based Services Ann Toomey Doane, 508-770-0511 x109. CARE, Communities for Adolescent Recovery and Education, is a similar coalition in western Massachusetts. For MOAR info: call Ruth Jacobson Hardy, 413-586-7525.

CMSAA, Central Mass. Substance Abuse Association, held an Alcohol Awareness Month networking breakfast that brought together Community Healthlink's Dr. Edward Garcia, addressing the needs of the homeless, AdCare Hospital's Dr. Patrice Muchowski, speaking on treatment today, with Worcester's Health Department's Dr. Leonard Morse and City Manager Michael O'Brien. The significant issues were repeated: lack of equitable healthcare and long-term treatment. MOAR emphasized listening to the voice of recovery when developing recovery service plans.

## ALCOHOL AWARENESS MONTH CELEBRATION

MOAR Statewide Recovery Community Service in Worcester was great! Theme: "Save a Life: End Underage Drinking and Other Drug Use." Parents and youth from across the state shared how-to supports from family to services! Anne Toomey Doane, YOU Inc., moderated. We relearned that families need and want to be part of their child's treatment. Development of youth-and family-oriented recreation and service centers are needed to help prevent underage drug use. Diane Kurtz led a "How to Do a Parent Support Group," as a peer-led recovery support service. The Improbable Players acted out the recovery process. National Screening Day was observed with discussion about the need for screening, and quality and long-term treatment. BSAS Director Michael Botticelli, Connie Peters from MHSACM, and David Matteodo from Mass. Behavioral Health Private Health Systems discussed strategies to make positive changes to healthcare coverage. You are part of the solution!

## Western Massachusetts Rises Too!

The Pittsfield Forum—Recovery Resource Educational Dialogue—Will They Be There for Our Children, held May 4, was very special. Representative Peter Larkin at the invitation of sponsors facilitated the forum and Mayor Jim Ruberto hosted it at city hall. Local leaders were invited to host the event by members of MOAR, the "Whatever It Takes" Parent Support Group, the Brien Center, BMC's McGee Unit, Phoenix House of New England, Western Massachusetts School Substance Abuse Counselors Association, Western Massachusetts Substance Abuse Providers Association, and the Western Massachusetts Parent Support Group. People from the Springfield area traveled 200 miles round trip to participate. It was a true collaboration with policymakers including Representative Larkin, District Attorney Capeless, Mayor Ruberto, Sheriff Massimonia, and Judge Perachi. MOAR is now meeting in Pittsfield as well as Springfield. The recovery community is building a local voice. There is a definite need for more adolescent and family services with an environment that promotes prevention and recovery.

## Leadership Academies and Telling the Story of Recovery

MOAR members and friends have participated in Leadership Training since January of this year. With People to People's LaVerne Saunders as facilitator, supported by Boston Public Health Commission's Valerie Bassett, and MOAR's Maryanne Frangules, people learned the power of telling their story for what purpose and to what audience. LaVerne took us through the experience of becoming true to our values, which brings out our dignity and the dignity of others. She taught us the power of being "intentional" in our actions and how to stay focused on the person in front of you with dignity, providing various listening and response cues. Valerie supported the group with concrete assignments of how to use our new learning in experience. Maryanne produced background information and opportunities to use the information—where our recovery, and that of family, can be visible, vocal, valuable, and victorious. The participants made it happen and all became MOAR members.

Telling Your Story to End Stigma and Discrimination May 15 was great! Faces and Voices of Recovery, a Johnson Institute Project, facilitated by Patricia Taylor, Campaign Coordinator, and national leaders gave MOAR and AARC, Alliance for Addiction Recovery Communities, a New England consortium, the opportunity to enhance our storytelling skills. "Right from the heart Massachusetts presentations" were given by MOAR members, South Boston Family Resource Center's Maureen Harvey and Karen MacDonald, Western Mass. Parent Support Group's Diane Kurtz, Lisette Gravalese, Amos Marshall, and Dana Moulton. Legal Action Center, Recovery Association Project, and Ritchie Consulting Corporation provided expertise.

## MOAR Opportunity to Put Leadership in Action

### Families in Recovery Day—February 18, 2004

#### A Boston Public Health Commission Success

The Boston Consortium for Families in Recovery, a Boston Public Health Commission Project developed by Hortensia Amaro, PD, celebrated Families in Recovery with over 500 people at the State House. It was a day to remember, with powerful stories shared by mothers and their children. Lisette, mother in recovery and her son Phillip were a testimony to how families can heal and benefit with quality services. Luz Lopez, Rita Nieves (BPHC), Boston's Kattie Portis, and Ellen Walker, event manager, were responsible for this beautiful event. MOAR was pleased to be a sponsor.

### NEAAR Peer to Peer Leadership Academy—June 14–18, 2004

New England Institute for Addiction Studies Summer School  
St. Michael's College, Colchester, VT

New England Alliance for Addiction Recovery (NEAAR), a CSAT Recovery Services Program, facilitated the annual academy. MOAR participants, Marianne Dyer, Maggie Cahill, Mary Fallavollita, and Janice R. Messier were among the attendees. MOAR Project Assistant Dana Moulton joined staff, Tom Hill, James Gorske, and Denise Devlin in the class of approximately 24 representatives from all New England states to the discussions. It truly provided the means to build recovery community leadership by reflective listening and developing action plans that evolve from consensus.

## CSAT Peer Services Conference—A Success!

MOAR joined other NEAAR, New England Alliance for Addiction Recovery, affiliates at the CSAT, Center for Substance Abuse Treatment, Recovery Support Program Conference, “Peer Services: A Life in the Community for Everyone.” The conference was held July, in Washington D.C. The RECOVER Project of Franklin County, another grantee, shared in the celebration of over 300 participants.

The Recovery Support Program, is a SAMHSA, Substance Abuse Mental Health Service Administration, initiative to support the recovery community leadership into expanding the scope and reach of services.

## JOIN THE BSAS CONSUMER ADVISORY BOARD

DANA MOULTON

The Bureau of Substance Abuse Services (BSAS) Advisory Consumer Advisory Board gives me a say in the “big picture” of Massachusetts public funded substance abuse services. I want you, any person, who cares about substance abuse disorder services and policies to join me. It is especially meaningful for continuum alumni and family.

As an opiate addict, I was not accustomed to being heard. I learned how people in the recovery process can advise the Bureau of Substance Abuse Services and be heard to provide quality services. Remember recovery is a process, and so is making positive change. I know one thing. You don’t come; you don’t get heard.

You are invited. The Consumer Advisory Board meets the third Wednesday evening of every month. Please know travel is compensated and dinner is served. If you are interested in joining the BSAS Consumer Advisory Board, please call Paul Carey, 617-624-5159.

## MASSACHUSETTS BEHAVIORAL HEALTH PARTNERSHIP CONSUMER ADVISORY COUNCIL

JOHN FRAZIER

Since 1998, I have served as the MOAR representative on the Consumer Advisory Council (CAC) of the Massachusetts Behavioral Health Partnership (MBHP), which manages the Behavioral Health Program (BHP) for Mass Health (Medicaid). The CAC was formed “to assess and render feedback” to MBHP and act as a liaison between MBHP consumers and the behavioral health system. The CAC also presents treatment proposals to MBHP through subcommittees.

CAC meetings are held monthly at the MBHP Boston office. The membership is made up of current or former MBHP consumers, current Mass Health members, direct advocates, representatives of state agencies, and anyone who, in the view of the Council, would serve its interests.

My participation is particularly gratifying because those served by the program are among the neediest and most vulnerable of our fellow citizens. This strong identification comes from the physical and spiritual destitution and homelessness I experienced due to my alcohol addiction twenty-seven years ago. I received desperately needed long-term treatment when I was unable to fend for myself, and that laid my foundation. You can share this gratifying experience, too.

To apply for CAC membership, you may contact:  
Massachusetts Behavioral Health Partnership  
C/O Ken Krivit, CAC Membership Committee  
150 Federal Street,  
Boston, MA 02110

## A MESSAGE FROM

**MINDY DOMB**, SPHERE Program Director

Drug and alcohol treatment providers in Massachusetts are working hard to integrate HIV- and hepatitis-related assessment, prevention education, and services into their programs. These providers recognize that HIV integration is important work, with implications for a person’s future recovery. HIV/hepatitis integration helps people address the HIV/hepatitis risks created or affected by their substance use. Integration helps people explore ways to incorporate risk reduction into their recovery and develop strategies to do it so that their recovery promotes both their sobriety and their healthy decision making. For people living with HIV/AIDS in recovery programs, integration offers needed support for health promotion including making referrals to HIV case management services, helping individuals make and keep medical appointments, fighting the stigma they may face, supporting disclosure where appropriate, helping clients consider a disclosure plan, and supporting risk reduction and other health promotion activities.

You can use SPHERE as a resource. It is a Health Care of Southeastern Massachusetts, Inc. program, funded by the Bureau of Substance Abuse Services (BSAS), to provide capacity building services (training, technical assistance, access to resources and networking) to BSAS-funded programs to help their staff integrate HIV into their services, and offer this support to their clients, patients, and participants.

To reach interested individuals with information and access to resources, SPHERE sends out a monthly electronic newsletter. Its e-newsletter is available to anyone interested in the issues surrounding HIV/hepatitis integration in substance abuse treatment. To put yourself on the mailing list for this newsletter, e-mail SPHERE@HCSM.org and write, “E-newsletter subscribe” in the subject box. For more information on SPHERE, contact the project by phone at (800) 530-2770 x 244 or by email at SPHERE@HCSM.org. Mindy Domb is the Program Director.

The New England Association of Drug Court Professionals (NEADCP) Conference was held August 5th and 6th. It was a wonderful experience to meet with judges, law enforcement, treatment providers, Drug Court graduates. MOAR appreciates how Drug Courts support the mix of probation and treatment together.

MOAR, along with other NEAAR affiliates, was honored to do a panel sharing how Drug Courts lead to recovery. NEAAR Project Director, Denise Devlin facilitated the panel, which consisted of Linda Jalbert from Maine, and Massachusetts representatives, Pete Crumb (Hampden County Juvenile Court), Judd Phelps (Gosnold-Cape Cod), Ericka McLaughlin (Chelsea Drug Court graduate), and Maureen Harvey (South Boston Family Resource Center, origins from Drug Court).

Ericka said it well... “Drug Court coerced my path to recovery. I am grateful. This led me to getting involved in MOAR.”

## Cruise to Recovery with AdCare Hospital

AdCare Hospital and MOAR sponsored a Cruise to Recovery. 100 people in recovery and friends supported this fun service. We heard from the charismatic Leo Hurley, listened to music, and enjoyed the ocean view by the light of the moon. It was a soothing, fun-filled adventure.

Thank you AdCare for this opportunity!

# NATIONAL ALCOHOL AND DRUG ADDIC

## MOAR and Friends Celebrate

THIS YEAR'S THEME:

**Join the Voices for Recovery: NOW!**

# SEPTEMBER 22

## CELEBRATION DAY SCHEDULE

- 8:30 AM Walk Begins at Parkman Bandstand  
Boston Common
- 9:30 AM State House Celebration and Registration  
Great Hall, The State House, Boston

**SEPTEMBER 14** 5:30 to 8:15 PM

### MOAR Annual Meeting

Thayer Auditorium, Community Healthlink,  
72 Jacques Ave., Worcester

Hear Comedian Felon O'Reilly

**Al Joyce, motivational comedian, "reforming" as Felon O'Reilly. His message of hope delivered with humor motivates prevention and recovery**

Michael Botticelli

**MA Bureau of Substance Abuse Services Director**

Peer Services presentation by Worcester members and  
Family Members, facilitated by W MA Parent Support Group



Judah Abdul Dorrington — amazing Voice of Recovery with BSAS Director Michael Botticelli



Dr Clark and Michael Botticelli celebrate Recovery Month with Stacia Murphy Executive Director, National Council on Alcoholism and Drug Dependence (NCADD) and John Avery, MOAR friend.

## EVENTS ACROSS THE COMMONWEALTH

**SEPTEMBER 16** 11:00 AM

*Voices of Recovery*—2004 Recovery Walk  
(Rain date September 17)

Downtown Worcester at Worcester City Hall!

Sponsored by Henry Lee Lewis Center and  
Community Partners

**SEPTEMBER 17** 3 PM to 6 PM

Northampton Celebrates Recovery at Mainesfields  
W MA Healthy Communities, ServiceNet, Cooley Dickinson  
Medical Center, sponsored by W MA Parent Support Group

**SEPTEMBER 18** 3 PM to 6 PM

Celebrate Recovery Month in Massachusetts by biking along  
Boston's beautiful North Shore

Bike for Life! Is a fundraising bike ride for CAB Health & Recovery  
Services. You choose: 75 miles or 35 miles. Or ... sign up to  
volunteer. Check the website at [www.bike4lives.org](http://www.bike4lives.org) or call  
1-800-323-2224.

**SEPTEMBER 22** 6:30 to 8:30 PM

South Boston Hope and Recovery Forum, Tynan School

**SEPTEMBER 23**

Opportunity Knocks presents, "Dinner & A Movie" A night of  
cinema and gourmet dining to support the need for structured,  
sober living homes. With a special presentation of the 1996  
movie "TrainSpotting." Jimmy Tingle Theatre, 255 Elm St., Davis  
Square, Somerville, MA 02143. Call Brianna Smith at  
781.322.7397 for tickets

**SEPTEMBER 24** 11:00 AM to 1:00 PM

Western MA Recovery Month Celebration Extravaganza at Court  
Square, Springfield

**SEPTEMBER 25** 11 AM to 5 PM

The RECOVER Project Hosts "Recovery Jam" Festival, Energy Park,  
Greenfield, Saturday

**SEPTEMBER 26**

Motorcycles for Middlesex, Middlesex Human Services Fundraiser,  
Contact Bob Herne at 781 894-6110 or [bherne@mhsainc.org](mailto:bherne@mhsainc.org).



# MOAR RECOVERY MONTH CELEBRATIONS



CSAT Director Westley Clark, MD, JD, CAS, FASAM



Robert Kinney, MA Black Alcoholism and Addictions Council President



Kattie Portis, City of Boston, Substance Abuse Policy Advisor

## RECOGNITION AWARDS 2003

MOAR Recognition Awards honored some of the many people in the Massachusetts recovery community, who exemplified the theme: "Join the Voices for Recovery: Celebrating Health." We will do it again in 2004.

**Carl Alves** welcomed MOAR to New Bedford in 2000. He is an advocate for people in recovery and youth prevention. He has served as the Director of the New Bedford Prevention Partnership since 1996 and as the CEO of Positive Action Against Chemical Addiction, Inc., since 1992. He has built the agency into a multiservice center meeting the diverse needs of the recovery community.

**John Auerbach**, Boston Public Health Commission Director, goes beyond his role to promote and preserve the health and well-being of all Boston residents, particularly the most vulnerable. He is tremendously supportive of Boston's recovery community.

**Edward Bernstein, MD** is Professor and Vice Chair for Academic Affairs in the Department of Emergency Medicine at Boston University Medical School. Dr. Bernstein is Medical Director of Project ASSERT, which celebrated a 10 year anniversary at Boston Medical Center. Project ASSERT is special because it employs and educates people in recovery with skills to do emergency room assessment and referrals.

**Arthur J. "Buddy" Brousseau**, PIP, People in Peril, Shelter Director. Buddy has dedicated his life to helping people transition from the shelter to sober housing. Buddy and the Aurora Project welcomed MOAR to set up structured weekly community dialogues that have turned into AREAS, Addiction Recovery Education Access Services.

**Judy Brown Cahill** is a central Massachusetts spokesperson for recovery. Judy is a leader in supporting women and family recovery resources.

**James "Whitey" Killarkey** has dedicated himself to supporting people in recovery for over 30 years. "Whitey" is an administrator at Hello House, a recovery home. He has always "been there" for CASA, Community Associations Serving Alcoholics, the first recovery advocacy group in the Boston area.

**Health Care for All** is dedicated to making adequate and affordable health care accessible to everyone, regardless of income, social, or economic status. Health Care for All is the lead player in The Mass Health Defense League, a coalition of dedicated human service groups that led the way to making Mass Health Essential a reality. Health Care for All's phone number is 617-350-7279.

**Linda Hoer** exemplifies the commitment to care that gave Beacon Recovery Center, Greenfield, Massachusetts, its positive reputation.. Linda is now with Carlson Detox, Baystate Medical Center.

**North Suffolk Mental Health Association, Inc.** is a private, nonprofit corporation dedicated to providing comprehensive, community-based services to children, adults, and families who are confronting psychiatric, life skill, and substance abuse disorder. North Suffolk was one of the primary groups that helped to start our MOAR on The Harbor group for East Boston, Chelsea, and Revere.

**Kattie Portis**, City of Boston Substance Abuse Policy Advisor, has put her heart and soul into supporting the people of Boston. In her current role, she has instituted drug awareness forums to address prevention needs for children and the community. Kattie made the Recovery Month Walk happen.

**Gerald Ribeiro** passed away in December of 2002. His spirit lives on in Treatment on Demand, New Bedford, which he co-founded in 1989. Gerald, a person in recovery, dedicated his life to breaking the cycle of addiction, HIV/AIDS, poverty, and jail. Call Treatment on Demand at 508-984-0025.

**The South Boston Family Resource Center** is a dedicated group of family members, who are advocating for appropriate and immediate access to alcohol and other drug continuum of care services. The South Boston Family Resource Center contact number is 617-268-3033.

**Deborah Klein Walker, Ed. D.**, is the former Mass. Department of Public Health Associate Commissioner of Prevention and Programs, and was the interim Bureau of Substance Abuse Services Director for the last three years. Dr. Walker is missed, as she is now with Abt Associates. She has been a true advocate for the recovery movement.

**Alan M. Wartenberg, MD**, is well certified in addictions, and an advocate beyond his profession. He is helping to lead the way to make Buprenorphine treatment more accessible. MOAR is grateful to him for welcoming MOAR at the Faulkner Hospital.

Nominations for Recovery Month 2004 "Join the Voices for Recovery . . . Now!" Awards Send your nomination to Maryanne Frangules, MOAR, MOARfran@aol.com. Send a paragraph about a person who exemplifies this year's theme. Recovery Stories and Pictures also wanted; 200 words max. We will forward you a required release for your protection. Please submit by August 25th, 2004.

# MOARNOTES

## You are Invited to Help Plan Recovery Month Peer Driven Activities in AREAS Near You!

### BOSTON

MOAR Recovery Month Planning Sessions

**Tuesdays, August 31 and September 7 — 5:00 PM**  
Conference Room B, Shattuck Hospital, Jamaica Plain

MOAR on The Harbor, East Boston  
Recovery Month Softball Game  
Date to be announced.

### SPRINGFIELD

**Thursday, August 26 — 5:30 PM**  
Phoenix House, 5 Madison Ave.  
Dinner Served Courtesy of the Residents

### NEW BEDFORD

**Friday, September 17 — 5:00 PM**  
Recovery Month Softball Game  
Brook Lawn Park

### LOWELL

**Friday, August 27 — 1:30 PM**  
Lowell House, 555 Merrimack St.

### CAPE COD-FALMOUTH

**Friday, August 27 — 9:00 AM**  
Coonamasset Inn  
Recovery Community Information Dialogue  
with Senator Therese Murray

### PITTSFIELD

**Wednesday, September 8 — 6:00 PM**  
Hillcrest Hospital 2nd floor conference room, new building

**Remember to send your pictures and stories by September 8  
for the next Recovery Month Newsletter.**

AREAS, Addiction Recovery Education Access Services is a peer-driven recovery support groups services program. We will be doing a How To Do Peer Facilitation and Speaking for Recovery Training soon! MOAR Interested in AREAS, Training, and Speaking?  
Call MOAR Toll Free: 1-877-423-6627, in Boston, 617-423-6627

### September 9-12

#### Seventeenth Cape Cod Symposium on Addictive Disorders

Four Points by Sheraton Hyannis Resort, Hyannis, MA.  
To receive a brochure please call 1-800-314-1921 X 10.  
For exhibit info please call 1-800-767-9061.

### September 20

#### Criminal Justice Policy Coalition Forum

"Harm or Help? Responding to the Criminalization of Mental Illness and Addiction"  
U Mass Medical Center, Shrewsbury  
Interested: Please Call 617-552-4029



The Keeley Institute was an addiction treatment franchise originating in Illinois. Between 1880 and 1920, more than 500,000 patients took the Double Chloride of Gold Treatment for alcoholism and other drug addiction inclusive of tobacco. The treatment was a secret blend of chemicals that may have assisted in physical withdrawal. The process was controversial. The Keeley Leagues were established as mutual aid societies for patient alumni, who also supported people in rehab. The Women's Keeley Leagues were family members and women in recovery, who supported each other and their loved ones. They became, in current language, recovery community support and advocacy groups. We can credit the Keeley Institute for originating the continuum of care. Read MOAR about The Keeley Institute in William White's "Slaying the Dragon"



#### MOAR PROJECT

c/o Boston ASAP  
30 Winter Street, 3rd Floor  
Boston, Massachusetts 02108

NON PROFIT  
ORGANIZATION  
US POSTAGE  
**PAID**  
BOSTON, MA  
Permit #56968