MOAR MISSION: Organize recovering individuals, families and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions.

MOAR NEWS

Edition 21 2015-2016

Fall 2016

A 26 Year Recovery Story

In 1991, with leadership from a now recently deceased friend and leader, Leroy Kelly, we formed MOAR in response to a diminishing health care coverage for services and no insurance reimbursement for addiction focused clinicians. Most of the people involved were “professionals” and in addiction recovery. Then came the realization – we wanted to really include MOAR of the everyday faces and voices of recovery.

Today, MOAR has grown into a statewide organization with more than 3000 participating to spread the message of the power of recovery. With at least 4 people dying every day from an opioid overdose, we are building a peer-to-peer support network to provide supportive connections state wide. This means setting up peer led regional recovery action teams, which are helping to speak up for quality services from prevention to recovery with an improved criminal justice system.

We are grateful to Governor Baker, the legislature, health care providers, law enforcement, and you for moving from tragedy to strategy to action!

MARYANNE FRANIGULAS, EXECUTIVE DIRECTOR AND CO-FOUNDER OF MOAR

Recovery Month September 2016

Come celebrate recovery with MOAR! Every year MOAR takes part in a month long celebration of recovery. This includes the MOAR and Friends 26th Annual Recovery Day March and Celebration on Wednesday September 14th. The event will start at 9AM with a rally at the Parkman Bandstand on Boston Common. We will march to the celebration at Faneuil Hall. The afternoon will feature an expert panel discussion on Recovery Coaching, and the event will end at 3:30 PM. The event is free and open to all. A big thank you to the MA Department of Public Health Bureau of Substance Abuse Service, all Boston City Hall Staff, and the Office of Recovery Services. Stay connected with MOAR through Facebook or our website to be informed about Recovery Month events across the state:

Featuring Mayor Walsh!

@MOARRecovery

MOAR inside!
MOAR is Building Recovery Capital in Massachusetts

With funding from the Bureau of Substance Abuse Services, MOAR is working to build infrastructure for recovery and to unify the recovery community across Massachusetts. With 3 regional coordinators, we are working to build the means for communicating and collaborating in a collective voice for recovery across Massachusetts. MOAR holds monthly Action for Recovery meetings across the commonwealth. At these meetings, we share information about policy, recovery services, and recovery messaging. Along with our statewide policy forums, these regional meetings offer an opportunity to connect with MOAR and to tell us what we can do for the recovery community.

We work with community partners, policymakers, and coalitions to develop solutions to minimize gaps in recovery services. We are the faces and voices of recovery, and we want to hear your voice! To find a MOAR meeting near you visit www.moar-recovery.org

MOAR on Education

Visible, Vocal, Valuable!

Another MOAR goal is to educate the public. This includes developing curricula to teach people with lived experience as well as the general population about the value of recovery. MOAR continues to offer AREAS, Addiction Recovery Education Access Services. AREAS facilitators are peers educating peers about recovery topics and helping all to navigate the system. These AREAS groups can serve a crucial role in helping connect people in early recovery to needed services.

In order to combat stigma and increase "Addiction Recovery Awareness ", we are moving forward with sharing our powerful recovery stories. Rather than focus on the horrors of active addiction, it is important to demonstrate to our communities the value of recovery. MOAR has developed a Recovery

Vision:

MOAR envisions a society where addiction is treated as a significant public health issue and recovery is recognized as valuable to all our communities.
**Responding to the Opioid Epidemic**

According to Governor Baker, “the statistics are terrifying; **nearly four people are dying a day in Massachusetts.**” MOAR is collaborating with public awareness efforts to address this crisis:

1. **Good Samaritan Law**
   When a person calls 911 to report an overdose, they are now protected from prosecution for drug possession.

2. **STEP Act**
   Landmark legislation not only enhances treatment capacity but also imposes stricter controls on opioid prescriptions.

3. **Peer Recovery Services**
   MOAR is advocating for improving our ability to serve the recovery community, building capacity for more recovery centers and recovery coaches. These crucial services build the means to maintain and enhance recovery life skills.

Although rate of opioid overdoses in Massachusetts continue to rise, we believe that, when properly implemented, these changes will save lives.

**MOAR Recovery Coaching**

With funding from Access To Recovery (ATR) and other sources, MOAR is now employs five recovery coaches. They meet one on one with persons in recovery who want support and provide a connection to services. Recovery coaches can help Recoverees find resources such as housing, skill building, treatment, family, and/or criminal justice support.

**Thank You!**

MOAR is funded by the MA Department of Public Health/Bureau of Substance Abuse Services, the Federal Substance Abuse and Mental Health Services Administration, Access To Recovery, the Boston Public Health Commission and through the generous donations of our members. We would like to thank all of our Recovery Month sponsors and supporters! See the newsletter insert for information on how to become a MOAR member and do MOAR!
MOAR & Friends Recovery Day March and Celebration
Wednesday, September 14th 9AM Rally Starts at Parkman Bandstand on Boston Common. March to Faneuil Hall for the Celebration Featuring These Guest and Many MOAR:

MOAR Board of Directors
Tom Delaney
Maureen Harvey
Joe Kelleher
Daniel O’Connor
Woody Giessmann
Vicente Sanabria
Rick Dyer
Kevin McCarthy MSW, LCSW
Jim DiReda, LICSW, Ph.D
Kate McHugh
Haner Hernandez, Ph.D., CADAC II, LADC I
Cheryl Bartlet
Father Joe White

MOAR Staff
Maryanne Frangules- Executive Director
Franchesca Casado – Operations Manager
Kirsten Doherty – SOAR Project Director
Michael C. O’Malley—Administrative Assistant
Windia Rodriguez – Regional Coordinator Boston and Northeast
Annie Parkinson—Regional Coordinator Central and Western
Jared Owen – Communications Coordinator
John Frazier –MOAR Project Assistant
Frank Abner – MOAR Recovery Educator
Recovery Coaches: Kelly Annable, Darrell Wright, Cathy Connell, Kim Krawczyk, and Mark Muhammad

MOAR

Marylou Sudders
Secretary EOHHS

Kathryn Power
SAMHSA

Dr. Monica Bharel
Commissioner DPH

John F. Keenan
Senator

Liz Malia
State Representative

Matt Ganem
Recovery Voice

Safe and Sound Recovery Center

MOAR c/o Boston ASAP 29 Winter St.
2nd Floor
Boston, MA 02108

[Recipient]

[Address Line 1]
[Address Line 2]
Address Line 3]
Please make checks payable to MOAR. Send to: 29 Winter St, 2nd. Floor, c/o Boston ASAP, Boston, MA 02108
### September is National Recovery Month

**Join the Voices for Recovery:**

*Our Families, Our Stories, Our Recovery!*

**Join Events Across Massachusetts!**

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td><strong>Friday, September 2nd</strong></td>
<td>Sober in the Sun Festival starts (3-days) – Treasure Valley Scout Reservation, Rutland</td>
<td>Christine 617-896-9334</td>
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<td><strong>Saturday, September 3rd</strong></td>
<td>6th Annual David Lewis 5k Run/Walk – 200 Ter Huen Drive, Falmouth</td>
<td>(508) 540-6550 ext. 5241</td>
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<td><strong>Sunday, September 4th</strong></td>
<td>MOAR Presents Recovery Messaging at Sober in the Sun</td>
<td>MOAR at (617) 423-6627</td>
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<td><strong>Friday, September 9th</strong></td>
<td>10th Annual Dorsey-Leary Open Golf Tourney – Franklin Park, Dorchester</td>
<td>(7:30AM, 857-496-0052 ext. 806)</td>
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<tr>
<td><strong>Saturday, September 10th</strong></td>
<td>Road to Wellness 5k Walk/Run – Dimock Center, Roxbury</td>
<td>(7AM, registration @roadtowellness5k)</td>
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<td><strong>MOA Kicking Addiction Kickball Tournament – Tufts Park, Medford, 9AM-7PM, Alysia, (781) 526-0260</strong></td>
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<td><strong>E.B. H.O.P.E. Celebrates Recovery – East Bridgewater Common, 4-10PM, <a href="mailto:ebhope@comcast.net">ebhope@comcast.net</a></strong></td>
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<td><strong>Ryan Harrington Corn Toss Tournament – Trum Field, Somerville, 10AM-6PM, Cathy (617) 909-3120</strong></td>
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<td><strong>The Addict’s Mom Light’s of Hope – Plainville Town Park, Starts at 6PM @patti.robinson.560</strong></td>
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<td><strong>Monday, September 12th</strong></td>
<td>Turn It Around Charlestown Kickoff BBQ – Eden St. Park, Charlestown</td>
<td>(3-6PM, Shannon (617) 320-9058)</td>
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<td><strong>Wednesday, September 14th</strong></td>
<td>MOAR &amp; Friends Statewide Recovery Day March and Celebration</td>
<td>Rally Starts 9 AM at Parkman Bandstand on Boston Common. March to Faneuil Hall for the Celebration! Call MOAR at (617) 423-6627 @MOARRecovery</td>
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<td><strong>Breakfast/Walk to Recovery Day Rally – 15 Green St, Charlestown, 8 AM, Shannon (617) 320-9058</strong></td>
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<td><strong>Thursday, September 15th</strong></td>
<td>Recovery Homes Collaborative Luncheon, Florian Hall Dorchester, 11:30AM-2:30PM, Bob (617) 773-7023</td>
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<td><strong>Friday, September 16th</strong></td>
<td>Gavin Foundation Awards &amp; Comedy Show Honoring Maryanne Frangule &amp; EOHHS Marylou Sudders, IBEW Hall, 256 Freeport St, Dorchester, 6:30PM, Susan (857) 496-0052 x806</td>
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<td><strong>Saturday, September 17th</strong></td>
<td>Charlestown 8th Annual Candlelight Vigil – Hayes Square, Charlestown, 630PM-930 PM, Shannon (617) 320-9058</td>
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<td><strong>Friday, September 19th</strong></td>
<td>Recovery in the Park – 4PM. 31 Main St, Marlboro, Recovery Connection, (508) 485-0298</td>
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<td><strong>Saturday, September 24th</strong></td>
<td>Meridian House Alumni Celebration – 4-8 PM, 408 Meridian St., E. Boston, Deb (781) 300-1991</td>
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<td><strong>Sunday, September 25th</strong></td>
<td>Recovery Day Worcester – Common at Worcester City Hall. 1PM, Mattie Castiel (508) 269-2428</td>
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<td><strong>Plus many MOAR! Visit <a href="http://www.moar-recovery.org">www.moar-recovery.org</a></strong></td>
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